

The background of the image is a vast desert landscape featuring rolling sand dunes. The dunes are a warm, golden-brown color and show distinct ripples from the wind. The sky above is a clear, bright blue, dotted with soft, white clouds. The overall atmosphere is serene and expansive.

# drawing near


A SPIRITUAL PRACTICE JOURNEY

SILENCE

—

*refrain*





*Examples* in the Bible

1 Kings 19

Psalms 46:10

Psalms 62:1

Mark 1:35


Luke 5:16

Job 2:11-13

Ecclesiastes 3:7

Isaiah 30:15

Revelation 8:1



*What* the Practice of  
Silence can look like

Little moments in your day

Sensory deprivation

Mini silence retreat

Meditate on Scripture

A photograph of a light-colored, textured fabric, possibly linen or cotton, draped over a wooden floor against a white wall. The fabric is gathered and folded, creating soft shadows and highlights. The background is a plain white wall and a light-colored wooden floor.

*Why* Practice Silence

Attentiveness to God

Relief from ourselves

Gift of quiet

Practice listening skills

The background of the image is a close-up photograph of white lily petals. The petals are arranged in a dense, overlapping pattern, with their characteristic six-petaled structure clearly visible. The lighting is soft and even, highlighting the delicate texture and subtle variations in white and cream tones of the petals. A semi-transparent white rectangular box is centered over the image, containing the text.

Love

Joy

Peace

Patience

Kindness


Fruit  
*of the*  
Spirit

Goodness

Faithfulness

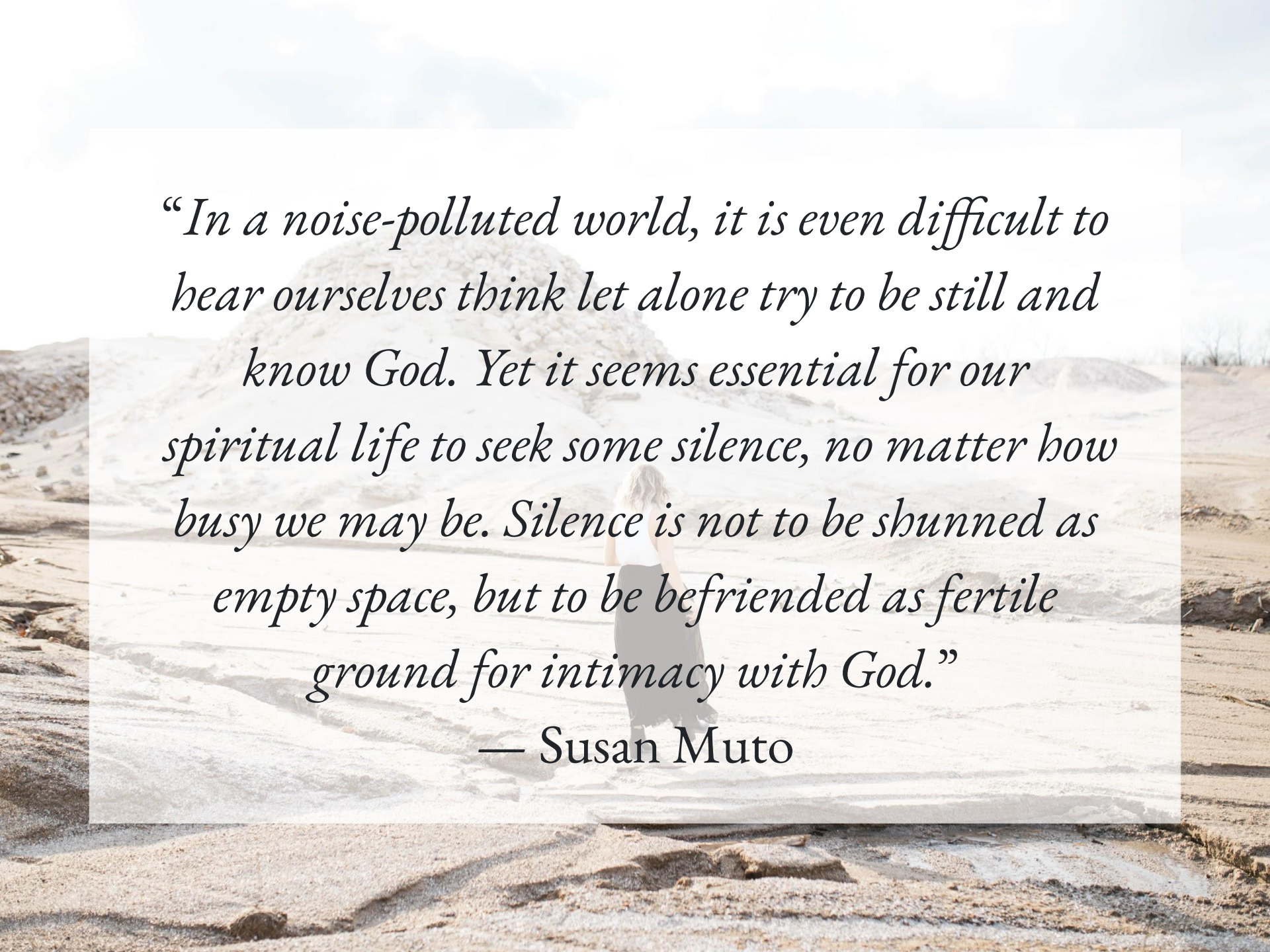
Gentleness

Self-control



*Who* could benefit from  
the Practice Silence

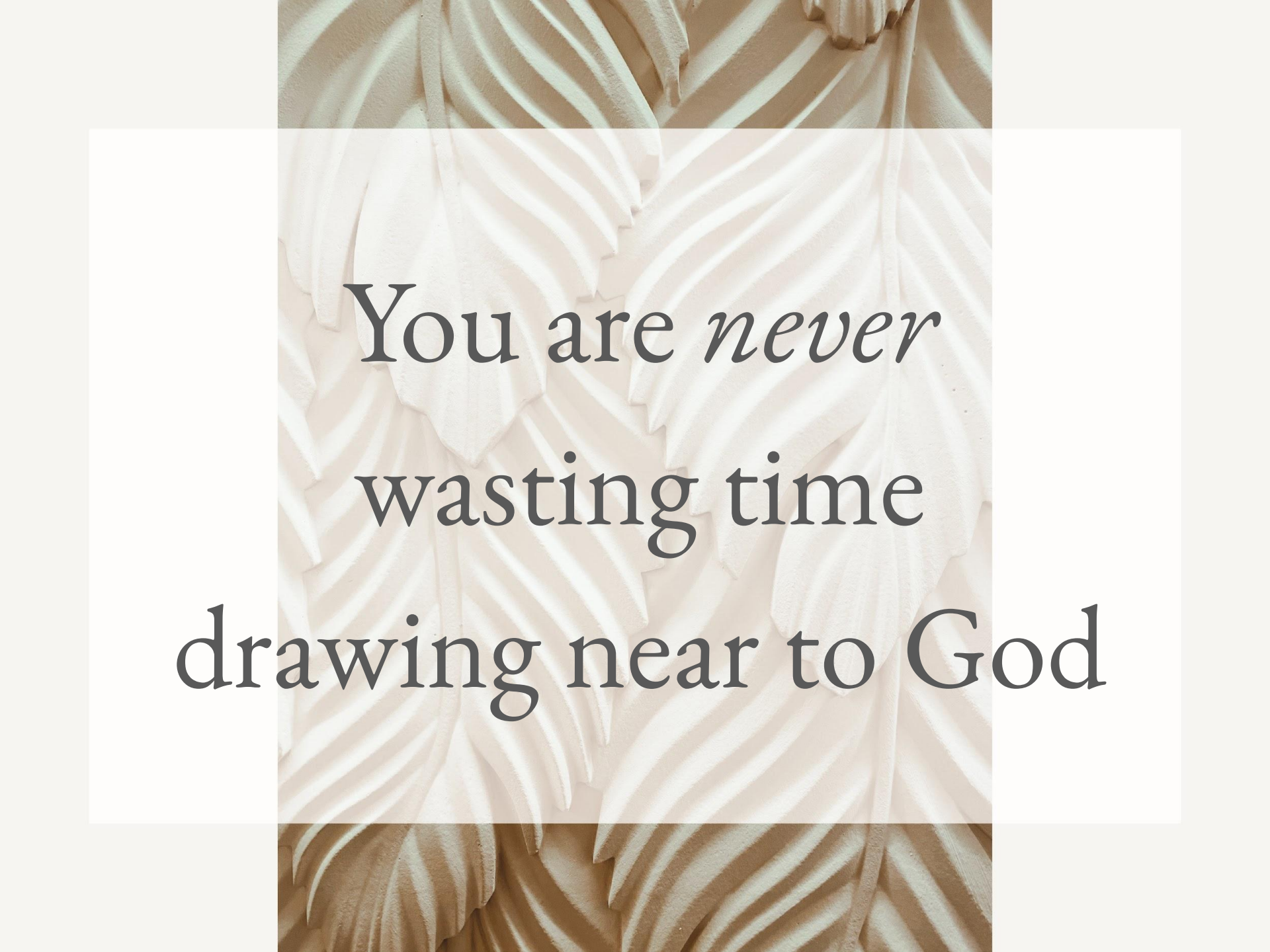
- Rarely *pause* during prayers
- Chaotic thinking
- Uncomfortable in silence
- Dominate conversations

A woman with long blonde hair, wearing a white top and a dark skirt, stands on a rocky beach looking out at the ocean. The background shows waves crashing against the shore under a bright sky. The text is overlaid on a semi-transparent white box.

*“In a noise-polluted world, it is even difficult to hear ourselves think let alone try to be still and know God. Yet it seems essential for our spiritual life to seek some silence, no matter how busy we may be. Silence is not to be shunned as empty space, but to be befriended as fertile ground for intimacy with God.”*

— Susan Muto





You are *never*  
wasting time  
drawing near to God

PRAYER


—

*engage*





Seinfeld Clip



*Examples* in the Bible

Nehemiah 1:4-11

Genesis 15:1-21

Daniel 6:10-13

Mark 14:38

Romans 12:12

Ephesians 3:14-21

1 Thessalonians 5:16-18

2 Thessalonians 1:11

Philippians 4:6

Acts 20:36

James 5:13-20

1 Timothy 2:1-3

*What the Practice of  
Prayer can look like*

**Keep It Simple Sweetheart**

Matthew 6:5-13; 7:7-11

Psalm 81 (listening)

Postures in prayer

Paul's Prayers

Ephesians 1:17-21; 3:14-19;

Philippians 1:9-11; Colossians 1:9-12

John 17 Intercession

The Psalms



*Why Practice Prayer*

- Connection with God
- God is near
- Guards our hearts
- Develops a reliance

The background of the image is a close-up photograph of white lily petals, showing their delicate, layered structure and soft texture. The petals are arranged in a central cluster, with some overlapping. The lighting is soft, creating gentle shadows and highlights on the petals' surfaces. Overlaid on this image is a semi-transparent white rectangular area containing text. The text is centered and arranged in a list-like format, with the central title 'Fruit of the Spirit' in a larger, bold serif font, and the surrounding virtues in a smaller, regular serif font. The virtues are listed on both sides of the central title, with 'Love' at the top left and 'Kindness' at the bottom left, and 'Goodness' at the top right and 'Self-control' at the bottom right. The overall aesthetic is clean, elegant, and spiritual.

Love

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Fruit  
*of the*  
Spirit

Goodness

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Gentleness


Self-control

A photograph of a light-colored, textured fabric, possibly linen or cotton, draped over a wooden floor against a white wall. The fabric is gathered and folded, creating soft shadows and highlights. The background is a plain white wall, and the floor is made of light-colored wood planks.

*Who* could benefit from  
the Practice Prayer

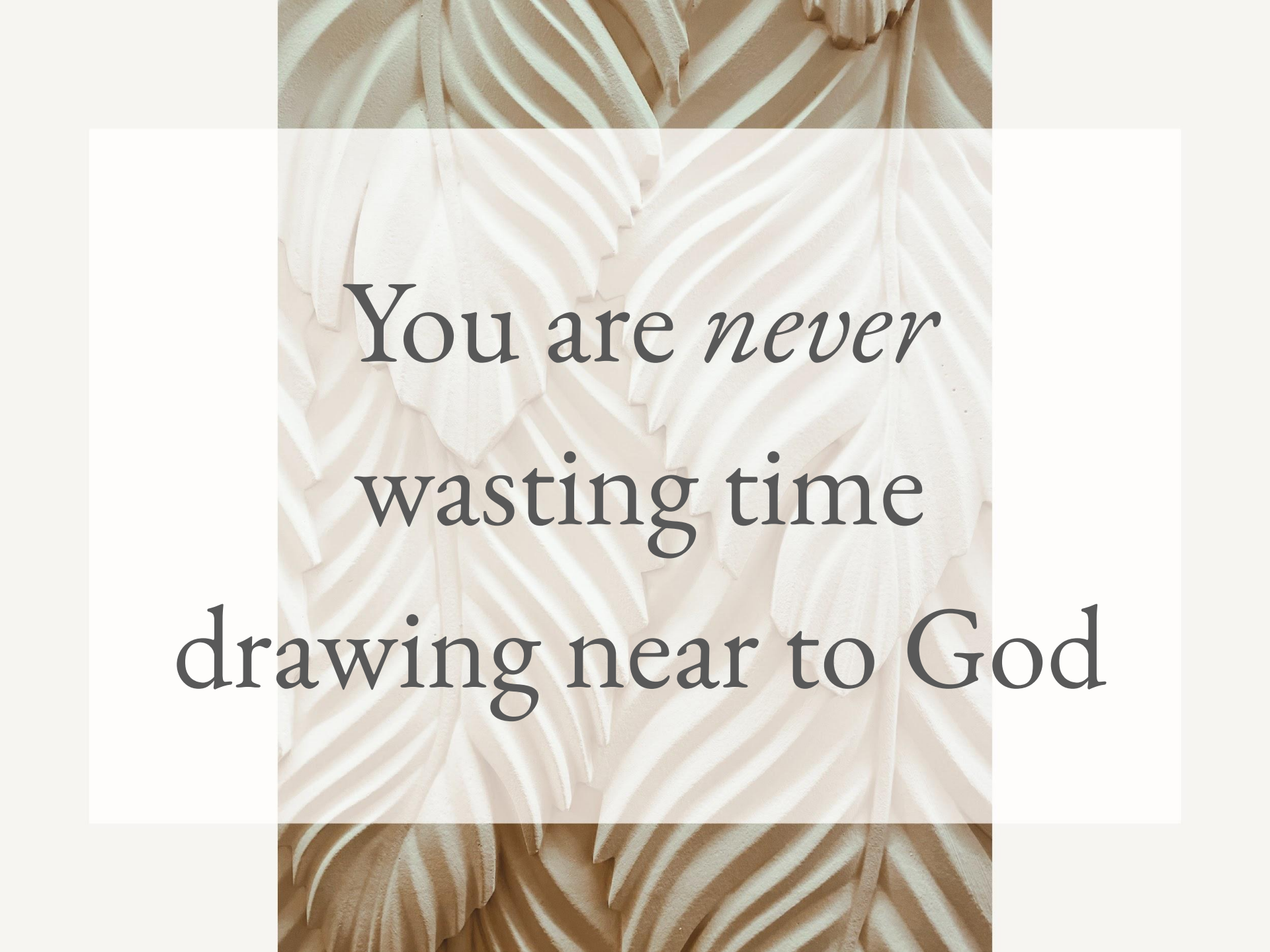
- Everything that has breath!



A woman in a black dress stands on a rocky beach, looking out at the ocean. In the background, a large, rounded rock formation rises from the shore. The scene is captured in a soft, slightly hazy light, suggesting a calm, reflective atmosphere.

*"True prayer is neither a mere mental exercise  
nor a vocal performance. It is far deeper than  
that. It is a spiritual transaction with the  
creator of Heaven and Earth."*

*- Charles Spurgeon*




You are *never*  
wasting time  
drawing near to God

STUDY

—

*engage*





*Examples* in the Bible

Ezra 7:10

Psalms 111:2

Hebrews 4:12-13

2 Timothy 3:16

Matthew 23:23-29

Colossians 3:16

Psalms 119

*What* the Practice of  
Study can look like

Church

Hear Scripture

Bible resources

Techniques:

- Character Study
- Artistic
- Chronological
- Write it Out
- Word Study



*Why Practice Study*

- God speaks to us
- Transformation
- Build up others
- Align with God
- Defend the faith

The background of the image is a close-up photograph of white lily petals, showing their delicate, layered structure and soft texture. The petals are arranged in a central cluster, with some overlapping. The lighting is soft and even, highlighting the natural curves and ridges of the petals. A semi-transparent white rectangular box is centered over the image, containing the text.

Love

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Peace

Patience

Kindness

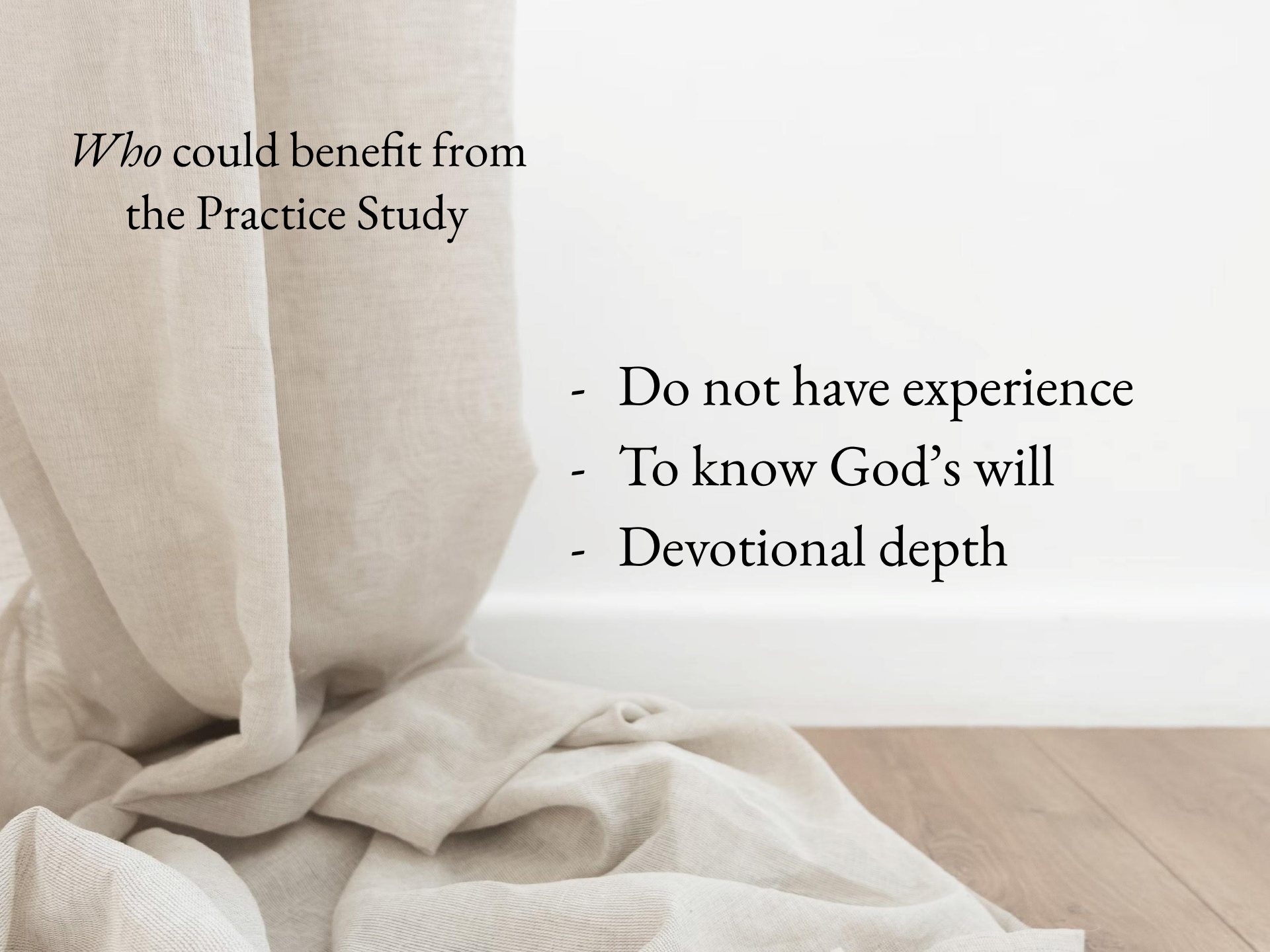
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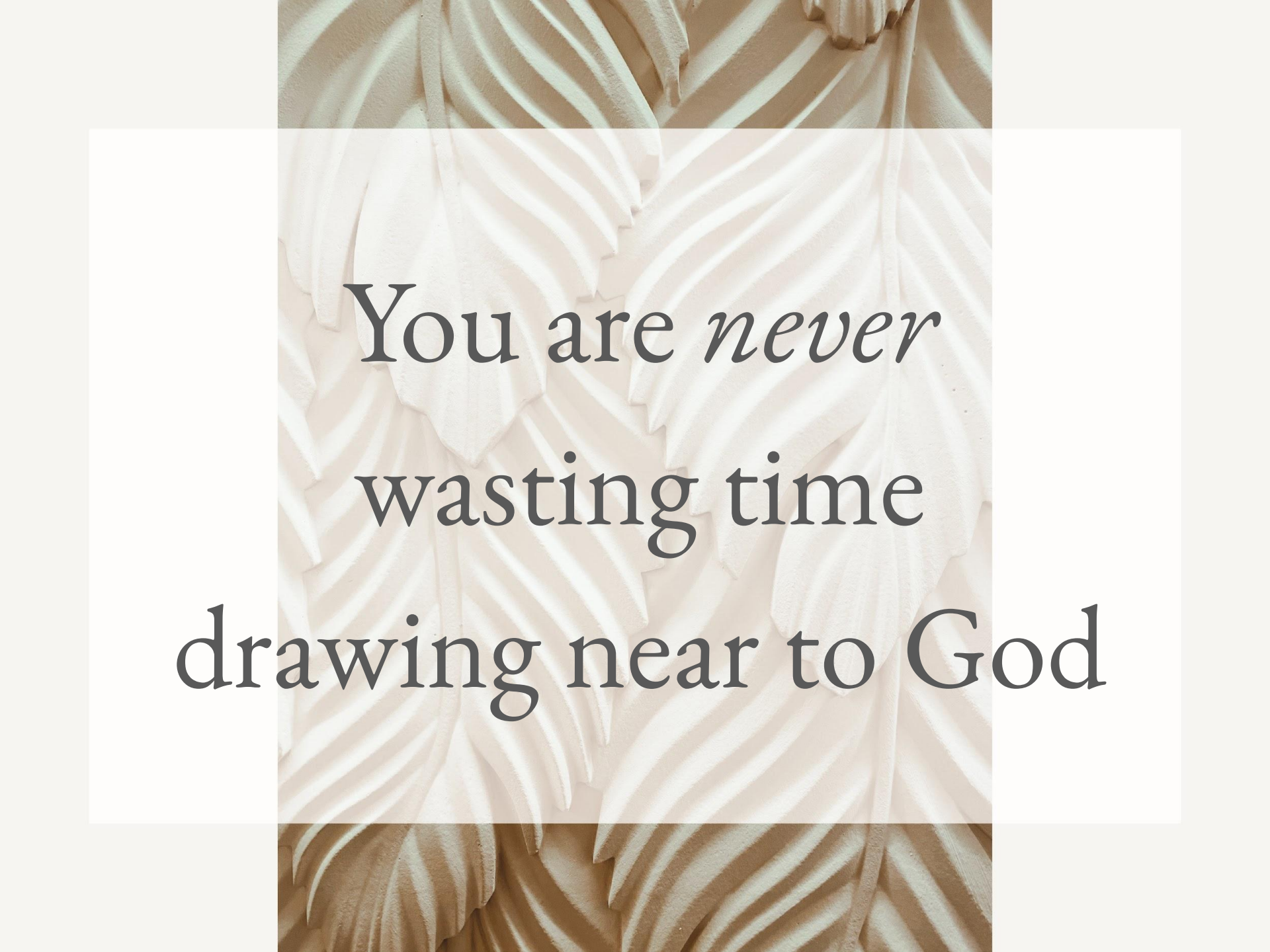
Self-control



*Who* could benefit from  
the Practice Study

- Do not have experience
- To know God's will
- Devotional depth





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